



18 RIGHTS EVERY CHILD SHOULD KNOW





This book has been specially made for

Nyaaya is a digital platform that provides simple, actionable, and free legal information that helps solve everyday legal problems, empowering citizens to become aware of their rights and seek justice for themselves.

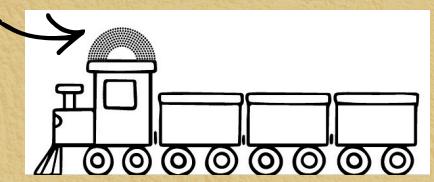
Website: <https://nyaaya.org>.



Welcome to the colouring book that introduces you to your rainbow of rights! From home to school to the big wide world, these rights help you stay safe, happy, and heard. So grab your colors, turn each page bright!

Pssst, there's also a secret hiding on every page! Find the Nyaaya logo hidden in each picture, for an extra challenge!

For example: Look at the top of the train on page number two.



A Note for Parents and Teachers:

This coloring book introduces children to their rights in a fun, creative, and empowering way. Each page simplifies a core right drawn from child protection and welfare principles. The idea is to help children understand fairness, safety, and dignity in everyday life. As you guide them through the pages, encourage open conversations because learning about rights begins with being heard.

To learn more about children's rights, scan this:
<https://nyaaya.org/users/children/>





RIGHT TO SHELTER

I have the right to a safe and secure home.



RIGHT TO NUTRITION



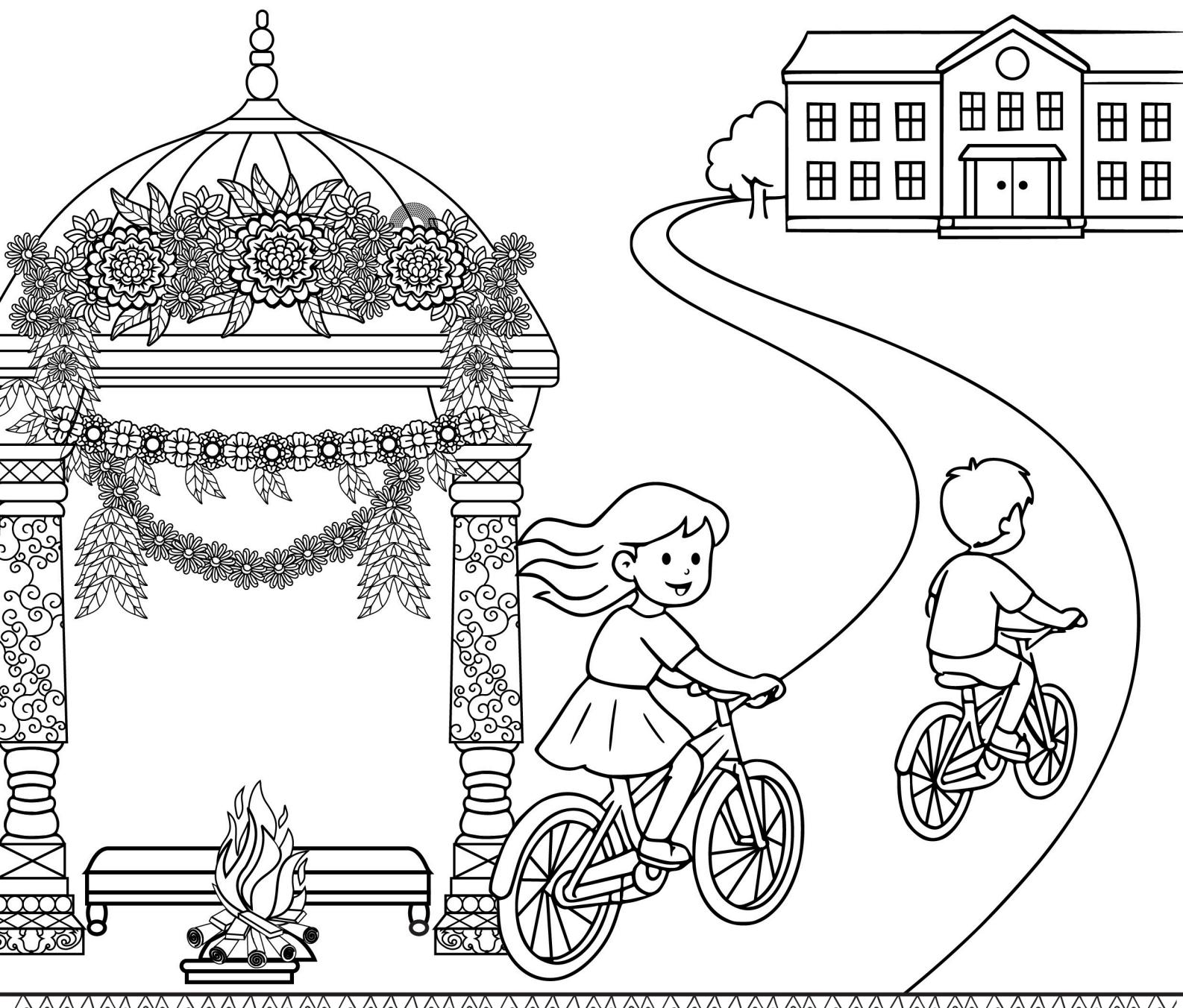
I have the right to eat yummy, nutritious food every day.

RIGHT AGAINST DOMESTIC VIOLENCE

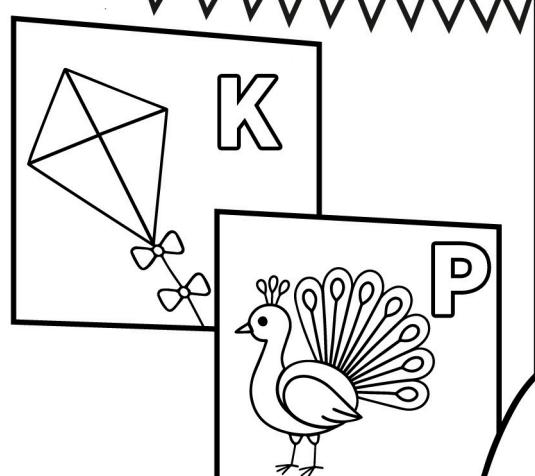


*I have the right to a home full of
love, not fear or violence.*

RIGHT AGAINST CHILD MARRIAGE



*My childhood is for learning and
playing, not for getting married.*



RIGHT TO EDUCATION



I have the right to go to school to learn, play and develop my skills.

RIGHT AGAINST CHILD LABOUR



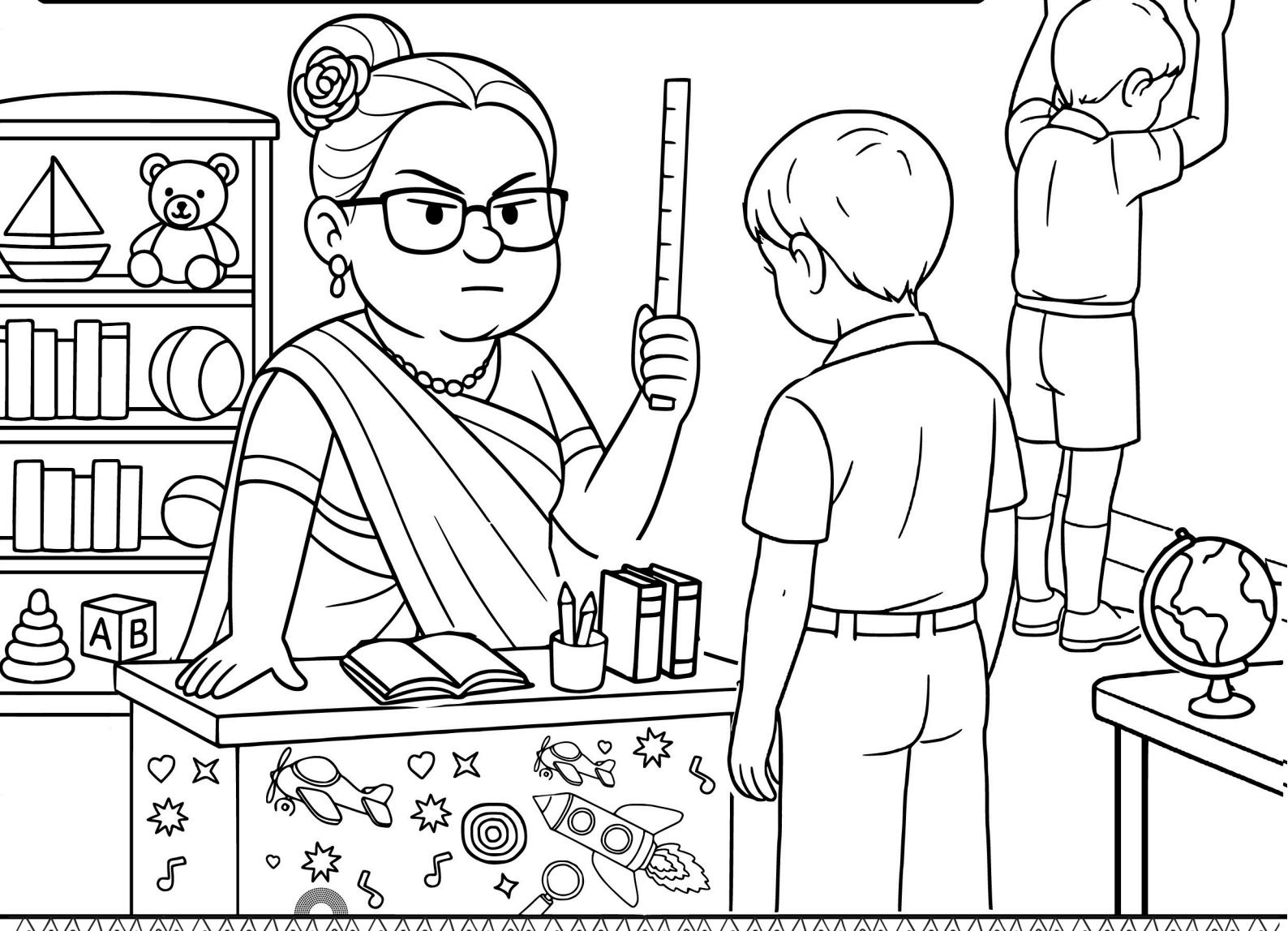
I cannot be forced to work for a living.

RIGHT AGAINST RAGGING AND BULLYING



No one can bully or hurt me at school
or anywhere.

RIGHT AGAINST CORPORAL PUNISHMENT



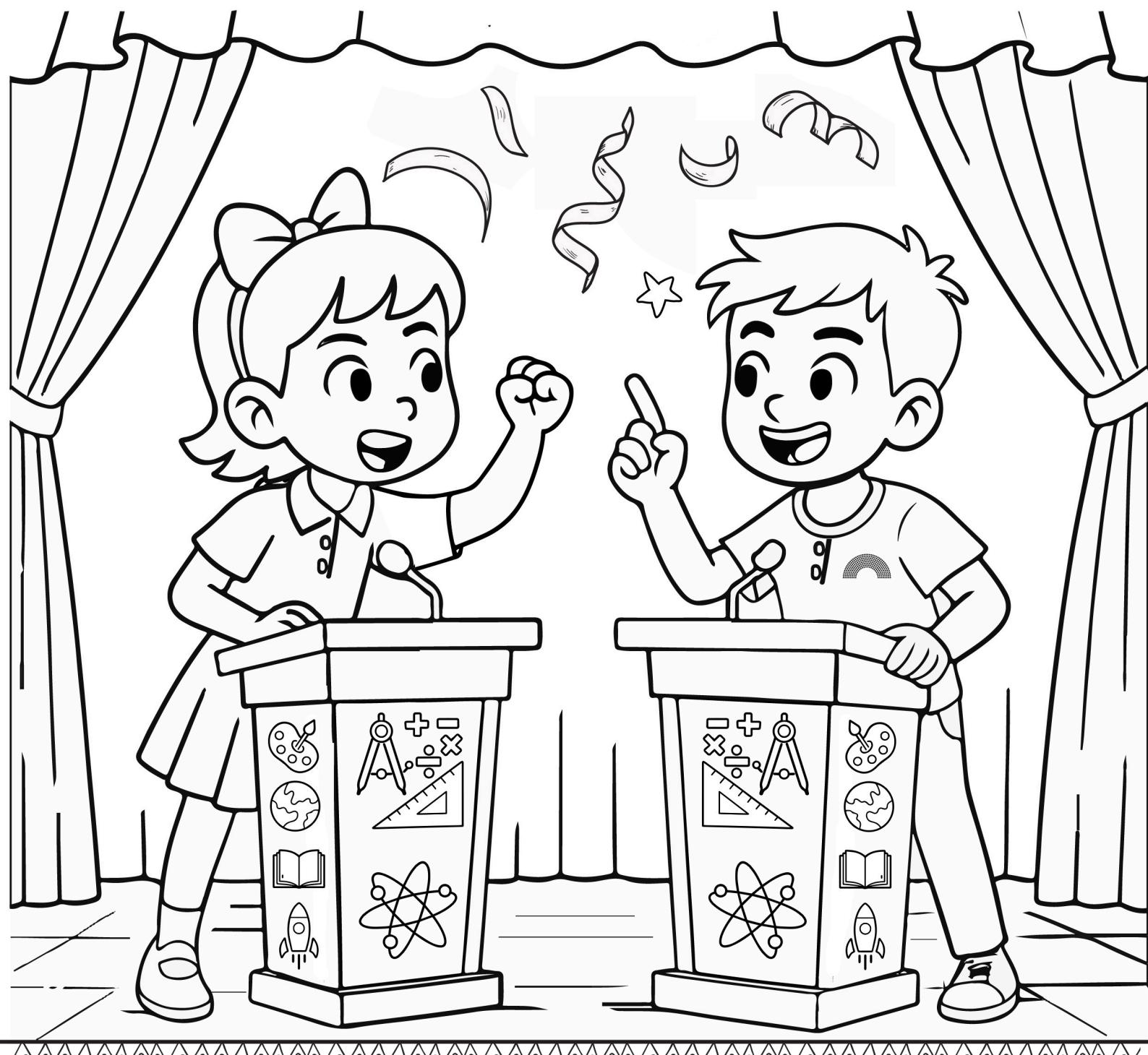
No one can hit me or hurt me at school. I learn best with love.

RIGHT TO EQUALITY



*I have the right to be treated equally and no one
can discriminate against me for who I am.*

RIGHT TO SPEAK AND SHARE



I have the right to express myself freely.

RIGHT TO CULTURE AND RELIGION



*I have the right to practice my faith,
my language, and my traditions.*

RIGHT TO HEALTH AND ENVIRONMENT



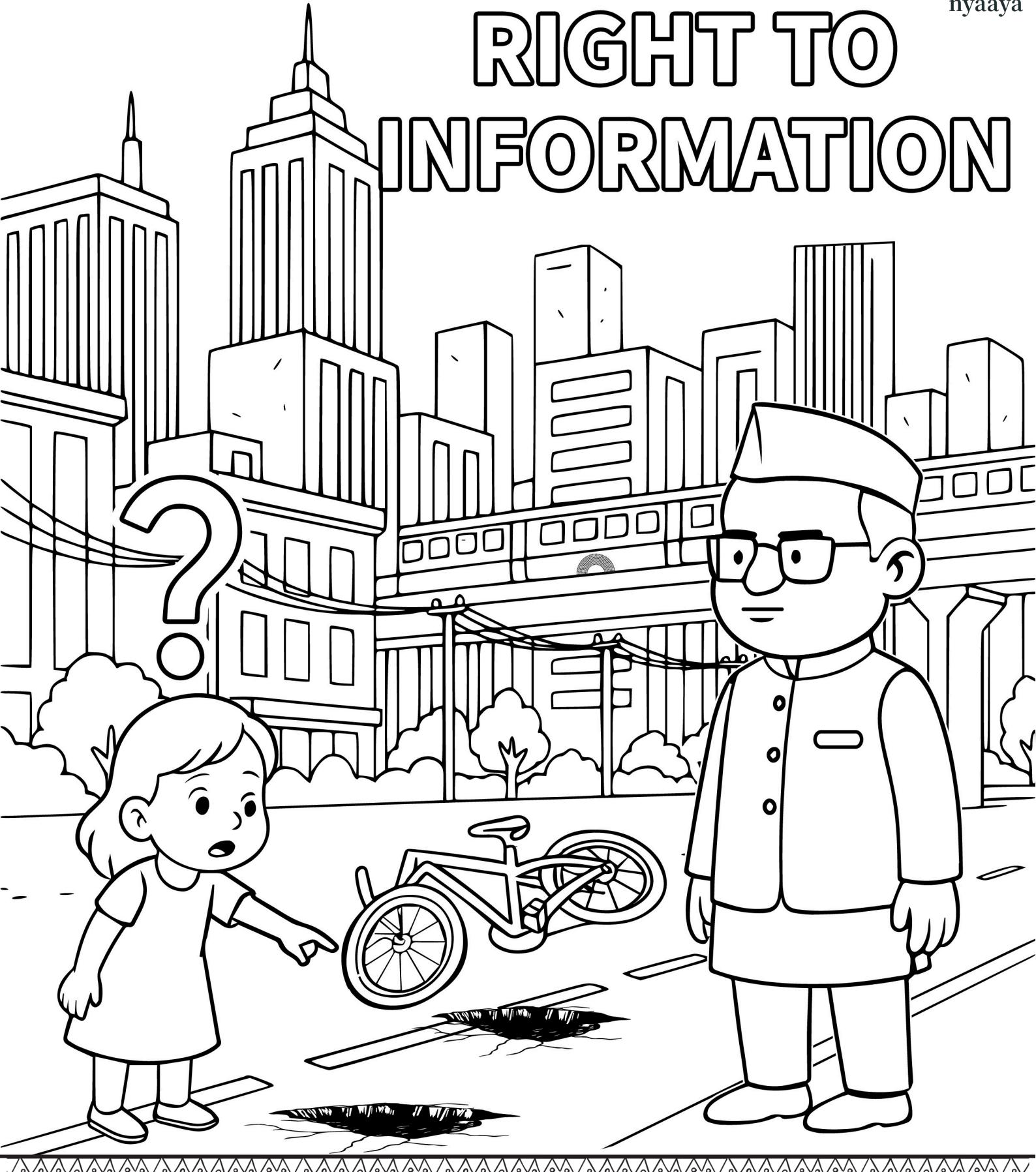
*I have the right to live in a
clean, green world.*

RIGHT TO PRIVACY AND DIGITAL SAFETY



*I have the right to be safe and
protected online and offline.*

RIGHT TO INFORMATION



I have the right to know how my country works.

RIGHT AGAINST TRAFFICKING



I have the right to protection from people who may harm or trick me.

RIGHT AGAINST SEXUAL ABUSE



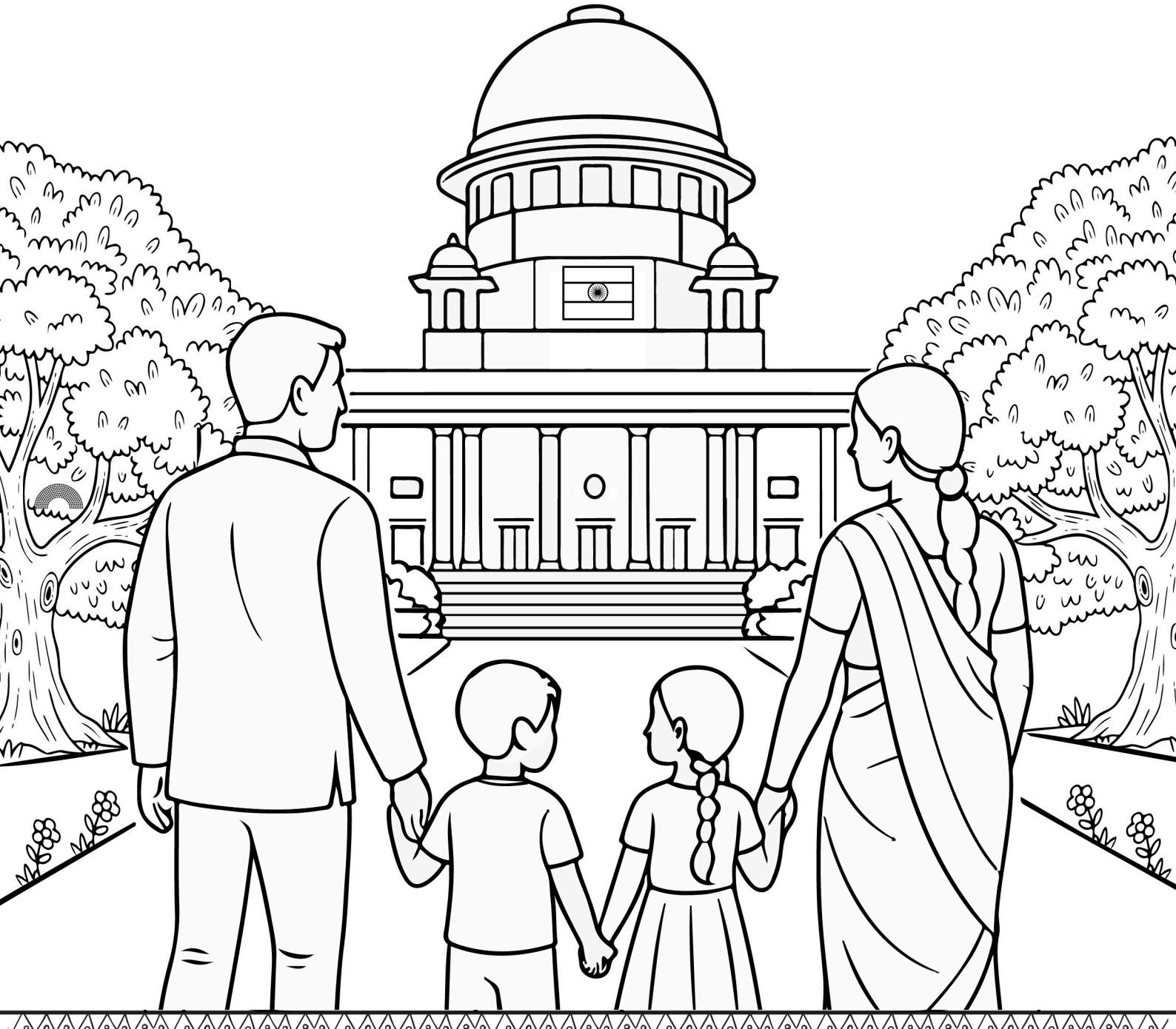
I have the right to be safe from any unwanted touch and unsafe person.

RIGHT TO SECURE BEST INTERESTS OF THE CHILD BEFORE THE LAW



*The law and its systems must protect
me and do what is best for me.*

RIGHT TO ACCESS FREE LEGAL AID



*I have the right to free legal help
whenever I need it.*



Service	Helpline Number
Police	100
National Emergency Number	112
Ambulance	102
Fire	101
Legal Service Helpline	15100
Women's Helpline	1091
Childline	1098
Mental Health Helpline NIMHANS	080-4611-0007
Senior Citizen's Helpline	14567
National Consumer Helpline	1915
Narcotics Control Bureau	011-2676-1000
Cyber Crime Helpline	1930
Emergency Services (medical/police/fire)	108
Traffic Helpline	1073
Ask Nyaaya WhatsApp Helpline	9650108107

Nyaaya presents a colouring book to help children become familiar with their rights under the law in a fun and engaging manner. It includes their rights to Shelter, Nutrition, Education, Equality, Speech and Expression, Culture and Religion, Health and Environment, Privacy and Digital Safety, Information, and Free Legal Aid, Their Best Interests Before the Law, and their rights Against Domestic Violence, Child Marriage, Child Labour, Ragging and Bullying, Corporal Punishment, Child Trafficking, and Sexual Abuse.

